

RADLEY ATHLETIC CLUB

CLUB CHAMPIONSHIPS 2017

Sunday 10th September 2017 – Tilsley Park, Abingdon, OX14 1PU



Finalised Timetable

Track			Field		
10:00	300/400 m Hurdles	Per age group rules	10:00	High Jump	U13 upwards
10:30	200 m	U13 upwards		Hammer Throw	U15 upwards
11:00	1500 m	U13 upwards	11:00	Long Jump	QuadKids
11:20	70/75/80 m Hurdles	Per age group rules		Discus	U13 upwards (female)
11:35	100/110 m Hurdles	Per age group rules	11:45	Long Jump	U13G-U20W
11:45	300/400 m	Per age group rules	12:00	Discus	U13 upwards (male)
12:05	75 m	QuadKids	12:30	Vortex Throw	QuadKids
12:30	Relays	All	13:00	Javelin	U13 upwards (female)
13:00	600 m	QuadKids		Long Jump	U13 upwards (male) + Senior/Master (female)
13:20	100 m	U13 upwards	13:45	Javelin	U13 upwards (male)
14:15	800 m	U13 upwards	14:00	Triple Jump	U15 upwards
			14:30	Shot Put	U13 upwards

Athletes MUST register and collect their numbers at least 30 minutes before the start of their first track event.

Relay teams are submitted on the day, mixed ages and genders are encouraged.

Where numbers allow, hurdle races will be combined for 70 m, 75 m and 80 m, and also 100 m and 110 m.