

Team	Score
1 Victoria Park & Tower Hamlets	108
2 Radley	130
3 Dacorum	120
4 Ipswich	152

V  
L  
E  
K

VP&TH	Radley	Dacor	Ipswich	Waste
V	L	E	K	
			4	
	3			
		2		
1				0
	4			
			3	
2				
		1		0
			4	
3				
	2			
		1		0
			4	
				4
		3		
	2			
		2		
1				0
			4	
		3		
	2			
				1
			4	
		3		
	2			
				1
		4		
			3	
				3
			4	
				3
				2
				6
4				
		3		
			2	
				1
4				
	4			
		3		
			2	
				1
4				
		3		
			2	
				1

100

**Senior A 100m**      **Wind=**

K	1	Enya Moore	U17	Ipswich	12.9	4
L	2	Emily Dobson	U20	Radley	13.0	3
E	3	Elena Crompton	SW	Dacorum	13.7	2
V	4	Jennifer Bukola	U20	Victoria Park & Tower Hamlets	13.8	1

100

**Senior B 100m**      **Wind=**

LL	1	Olivia Dobson	U17	Radley	13.1	4
KK	2	Emily Lambert	U17	Ipswich	13.2	3
VV	3	Zakie Nche	SW	Victoria Park & Tower Hamlets	14.4	2
EE	4	Leah Daniel	U17	Dacorum	14.5	1

200

**Senior A 200m**      **Wind=**

K	1	Gemma Malster	SW	Ipswich	26.5	4
V	2	Zakie Nche	SW	Victoria Park & Tower Hamlets	27.7	3
L	3	Amy Greenway	U17	Radley	28.0	2
E	4	Elena Crompton	SW	Dacorum	28.5	1

200

**Senior B 200m**      **Wind=**

KK	1	Emily Lambert	U17	Ipswich	27.4	4
LL	2	Olivia Dobson	U17	Radley	28.4	3
EE	3	Leah Daniel	U17	Dacorum	30.4	2
VV	4	Ria Murdock	U17	Victoria Park & Tower Hamlets	30.8	1

400

**Senior A 400m**

KK	1	Ella Jennings	SW	Ipswich	63.8	4
E	2	Chelcie Gray	U17	Dacorum	67.6	3
L	3	Lucy Hopper	SW	Radley	67.6	2
	4					1

400

**Senior B 400m**

K	1	Keeley Whitlock	U17	Ipswich	64.1	4
EE	2	Sarah Grover	U17	Dacorum	71.7	3
LL	3	No one	SW	Radley	72.1	2
	4					1

800

**Senior A 800m**

E	1	Sarah Grover	U17	Dacorum	2:38.9	4
K	2	Kirsty Thorndyke	SW	Ipswich	2:49.8	3
	3					2
	4					1

800

**Senior B 800m**

KK	1	Becky Welbourn	SW	Ipswich	3:04.7	4
	2					3
	3					2
	4					1

1500

**Senior A 1500m**

V	1	Rosie Pitt	SW	Victoria Park & Tower Hamlets	5:26.6	4
E	2	Lizzie Roberts	SW	Dacorum	5:48.5	3
K	3	Kirsty Thorndyke	SW	Ipswich	6:11.7	2
	4					1

1500

**Senior B 1500m**

VV	1	Lyndall Alston	SW	Victoria Park & Tower Hamlets	5:58.2	4
EE	2	Louisa Haggertay	U17	Dacorum	6:20.3	3
KK	3	Leanne Thorndyke	SW	Ipswich	6:41.1	2
	4					1

3000	<b>Senior A 3000m</b>									
EE	1	Catherine Davies	W45	Dacorum	11:29.0	4			4	
V	2	Rosie Pitt	SW	Victoria Park & Tower Hamlets	11:30.3	3	3			
KK	3	Kirsty Thorndyke	SW	Ipswich	14:31.3	2			2	
	4					1				1
3000	<b>Senior B 3000m</b>									
E	1	Lizzie Roberts	SW	Dacorum	12:14.0	4			4	
VV	2	Lyndall Alston	SW	Victoria Park & Tower Hamlets	12:28.2	3	3			
K	3	Becky Welbourn	SW	Ipswich	15:01.6	2			2	
	4					1				1
100HW	<b>Senior A 100mH</b>		<b>Wind=</b>							
L	1	Stacey Hazell	U20	Radley	16.9	4		4		
E	2	Sophie Lee	U20	Dacorum	18.1	3			3	
K	3	Kelly Fuller	SW	Ipswich	19.1	2			2	
	4					1				1
100HW	<b>Senior B 100mH</b>		<b>Wind=</b>							
LL	1	Paula Owen	SW	Radley	18.1	4		4		
EE	2	Anne-Marie Dupreez	U17	Dacorum	18.6	3			3	
KK	3	Jenny Reason	SW	Ipswich	19.7	2			2	
	4					1				1
400HW	<b>Senior A 400mH</b>		<b>Wind=</b>							
L	1	Paula Owen	SW	Radley	71.0	4		4		
E	2	Sophie Lee	SW	Dacorum	72.3	3			3	
K	3	Becky Welbourn	SW	Ipswich	82.7	2			2	
	4					1				1
400HW	<b>Senior B 400mH</b>		<b>Wind=</b>							
KK	1	Kerry Fuller	SW	Ipswich	90.0	4			4	
	2					3				
	3					2				
	4					1				6
HJ	<b>Senior A High Jump</b>									
EE	1	Sophie Lee	U20	Dacorum	1.55	4			4	
L	2	Amy Greenway	U17	Radley	1.40	3	3			
K	3	Charla King	U17	Ipswich	1.35	2			2	
	4					1				1
HJ	<b>Senior B High Jump</b>									
E	1	Sarah Grover	U17	Dacorum	1.55	4			4	
LL	2	Lucy Hopper	U17	Radley	1.30	3	3			
KK	3	Jenny Reason	SW	Ipswich	1.25	2			2	
	4					1				1
PV	<b>Senior A Pole Vault</b>									
K	1	Jenny Reason	SW	Ipswich	2.30	4			4	
L	2	Sophie Henderson	U20	Radley	2.10	3	3			
	3					2				
	4					1				3
PV	<b>Senior B Pole Vault</b>									
KK	1	Enya Moore	SW	Ipswich	1.40	4			4	
	2					3				
	3					2				
	4					1				6
LJ	<b>Senior A Long Jump</b>									
V	1	Symone Keisha	U20	Victoria Park & Tower Hamlets	5.21	4	4			
E	2	Sophie Lee	U20	Dacorum	4.98	3			3	
K	3	Beth Clarke	U17	Ipswich	4.86	2			2	
LJ	4	Stacey Hazell	U20	Radley	4.62	1		1		0
LJ	<b>Senior B Long Jump</b>									
VV	1	Serlina Swaby-Constantine	U17	Victoria Park & Tower Hamlets	4.65	4	4			
KK	2	Jess Crissell	U20	Ipswich	4.47	3			3	
LL	3	Stacey Hazell	U20	Radley	4.46	2		2		
EE	4	Elena Crompton	SW	Dacorum	4.30	1			1	0

TJ	<b>Senior A Triple Jump</b>					Wind				
V	1	Symone Keisha	U20	Victoria Park & Tower Hamlets	10.21	4	4			
L	2	Lucy Hopper	U17	Radley	10.17	3		3		
K	3	Beth Clarke	U17	Ipswich	9.75	2			2	
E	4	Rebecca Rolfe	U17	Dacorum	9.27	1			1	0
TJ	<b>Senior B Triple Jump</b>					Wind				
LL	1	Emily Dobson	U20	Radley	9.86	4		4		
E	2	Rebecca Rolfe	U17	Dacorum	9.08	3			3	
	3					2				
	4					1				3
SPW	<b>Senior A Shot Putt</b>									
L	1	Natasha Mighty	W35	Radley	10.03	4		4		
K	2	Kelly Fuller	SW	Ipswich	9.25	3				3
V	3	Tracey Quartey	SW	Victoria Park & Tower Hamlets	7.84	2	2			
EE	4	Chelcie Gray	U17	Dacorum	6.90	1			1	0
SPW	<b>Senior B Shot Putt</b>									
KK	1	Alice Robinson	U17	Ipswich	8.05	4				4
LL	2	Sophie Henderson	U20	Radley	7.25	3		3		
E	3	Elena Crompton	SW	Dacorum	6.87	2			2	
VV	4	Ria Murdock	U17	Victoria Park & Tower Hamlets		1	1			0
DTW	<b>Senior A Discus</b>									
K	1	Kelly Fuller	SW	Ipswich	29.02	4				4
V	2	Tracey Quartey	SW	Victoria Park & Tower Hamlets	28.33	3	3			
LL	3	Stacey Hazell	U20	Radley	24.46	2		2		
E	4	Elena Crompton	SW	Dacorum	18.36	1			1	0
DTW	<b>Senior B Discus</b>									
L	1	No one	SW	Radley	16.10	4		4		
KK	2	Rosemary Aldous	U17	Ipswich	15.72	3				3
EE	3	Anne-Marie Dupreez	U17	Dacorum	14.20	2			2	
VV	4	Jennifer Bukola	U20	Victoria Park & Tower Hamlets	11.97	1	1			0
HTW	<b>Senior A Hammer</b>									
VV	1	Linda Kraskauskaitė	SW	Victoria Park & Tower Hamlets	33.05	4	4			
K	2	Kelly Fuller	SW	Ipswich	27.24	3				3
E	3	Anne-Marie Dupreez	U17	Dacorum	17.11	2			2	
L	4	Sophie Henderson	SW	Radley	14.07	1		1		0
HTW	<b>Senior B Hammer</b>									
V	1	Tracey Quartey	SW	Victoria Park & Tower Hamlets	20.24	4	4			
KK	2	Rosemary Aldous	U17	Ipswich	18.59	3				3
LL	3	Natasha Mighty	U20	Radley	9.06	2		2		
EE	4	Lizzie Roberts	SW	Dacorum	4.63	1			1	0
JTW	<b>Senior A Javelin</b>									
K	1	Alice Robinson	U17	Ipswich	27.09	4				4
L	2	No one	SW	Radley	22.53	3		3		
E	3	Chelcie Gray	U17	Dacorum	19.56	2			2	
V	4	Ria Murdock	U17	Victoria Park & Tower Hamlets	14.67	1	1			0
JTW	<b>Senior B Javelin</b>									
KK	1	Rosemary Aldous	SW	Ipswich	12.43	4				4
VV	2	Zakie Nche	SW	Victoria Park & Tower Hamlets	12.40	3	3			
EE	3	Chelcie Gray	U17	Dacorum	11.68	2			2	
LL	4	Olivia Dobson	U17	Radley	11.13	1		1		0
4x100	<b>Senior 4x100m</b>									
K	1	Ipswich	SW	Ipswich	52.2	4				4
L	2	Radley	SW	Radley	52.6	3		3		
V	3	Victoria Park & Tower Hamlets	SW	Victoria Park & Tower Hamlets	53.9	2	2			
E	4	Dacorum	SW	Dacorum	55.1	1			1	0
4x400	<b>Senior 4x400m</b>									
K	1	Ipswich	SW	Ipswich	4:31.8	4				4
V	2	Victoria Park & Tower Hamlets	SW	Victoria Park & Tower Hamlets	4:43.6	3	3			
	3					2				
	4					1				3
80HU17W	<b>U17 Women A 80mH</b>		<b>Wind=</b>							
V	1	Serlina Swaby-Constantine	U17	Victoria Park & Tower Hamlets	12.6	4	4			
E	2	Rebecca Rolfe	U17	Dacorum	13.7	3			3	



