

# Radley Club Championships - Sunday 22nd August 2010

## FINAL TIMETABLE

### Track Events

10.00	100m	
10.45*	800m	
11.10*	70m/75m/80m Hurdles	
11.30	100m/110m Hurdles	
12.00	75m	QuadKids
12.30*	300m/300mHurdles	
12.40*	400m/400mHurdles	
13.30	600m	QuadKids
14.00	1500m	
14.20	200m	

### Field Events

10.00	High Jump	All
10.00	Hammer Throw	All
11.00	Long Jump	QuadKids
11.00	Discus	All female
12.00	Discus	All male
12.00	Long Jump	All Female
12.30	Vortex throw	QuadKids
13.00	Javelin	All Female
13.00	Long Jump	All male
13.45	Javelin	All male
14.00	Triple jump	All
14.30	Shot Putt	All female
15.10	Shot Putt	All male

Notes: For Under 13 upwards, where possible track events will be combined so that races will be run on the basis of predicted times rather than by age group or gender.

Middle distance races: Under 13 and under 15 athletes may compete in EITHER 800m OR 1500m, not both.

Where numbers allow, hurdle races will be combined for 70m, 75m and 80m, and also 100m and 110m.

Athletes MUST register and collect numbers at least 40 minutes before the start of their first event in order to allow for seeding of races. Failure to do so may mean that you will be placed in a race which is not appropriate to your predicted time.

Once all athletes have registered before their first event, entries for each of the combined races will be calculated and then made available on the notice board.