

Apex Sports Chiltern League Division Two 2011/2012 Round 4

Held at Slough (Upton Court Park) on 14 January 2012

Senior/Junior/Veteran Men

1	A. CRACKNELL (DACORUM).....	28.02	M	1	31	A. AUSTIN-GLEN (Q.P.H.).....	34.33	M	18	61	R. CLAESSENS (WYCOMBE).....	38.29	M50	8
2	W. LANGLEY (WYCOMBE).....	28.30	M	2	32	S. NORTH (WYCOMBE).....	34.34	M50	2	62	T. WILLIAMS (WATFORD).....	38.39	M	29
3	C. HILTON (STEVENAGE).....	28.42	M20	1	33	W. GANLEY (MAIDENHEAD).....	34.36	M	19	63	P. EAMES (STEVENAGE).....	38.50	M50	9
4	M. SALT (DACORUM).....	29.07	M20	2	34	D. O'CONNOR (Q.P.H.).....	34.37	M60	1	64	S. WEBSTER (STAL).....	39.06	M	30
5	R. HILLER (WYCOMBE).....	29.54	M50	1	35	C. ELLIS (WATFORD).....	34.58	M	20	65	G. MAYOH (WATFORD).....	39.09	M40	19
6	T. WRIGHT (BANBURY).....	30.09	M	3	36	S. BARTLETT (TBAL).....	35.30	M40	10	66	R. DAVIES (Q.P.H.).....	39.20	M40	20
7	F. FULCHER (HANDY CROSS).....	30.10	M40	1	37	I. NEEDLEMAN (DACORUM).....	35.31	M50	3	67	N. FRAPE (BANBURY).....	39.22	M40	21
8	R. LARSEN (BRACKNELL).....	30.29	M	4	38	S. DEARMAN (WATFORD).....	35.33	M40	11	68	G. SMITH (BANBURY).....	39.49	M60	4
9	A. MOURIDIAN (BRACKNELL).....	30.33	M	5	39	F. NOLAN (Q.P.H.).....	35.33	M50	4	69	A. PATTISON (STAL).....	39.50	M40	22
10	A. BYERLEY (THAME).....	30.36	M40	2	40	D. RANDALL (WYCOMBE).....	35.52	M40	12	70	A. ALLEN (DACORUM).....	40.15	M60	5
11	P. RICE (ABINGDON).....	31.11	M	6	41	J. COOMBS (MAIDENHEAD).....	35.55	M	21	71	D. GIBSON (TEAM BALANCISE).....	40.40	M40	23
12	T. OFFORD (BANBURY).....	31.20	M	7	42	A. ANGUS (Q.P.H.).....	36.08	M50	5	72	J. TOLPUTT (THAME).....	40.42	M	31
13	D. MARTIN (WATFORD).....	32.07	M	8	43	M. HILL (MAIDENHEAD).....	36.13	M50	6	73	C. HULL (ST. ALBANS STR).....	41.22	M50	10
14	O. GLYN (DACORUM).....	32.09	M20	3	44	V. NEBOLSIN (WYCOMBE).....	36.20	M	22	74	D. STRINGFELLOW (WHH).....	41.29	M50	11
15	D. DOHERTY (TBAL).....	32.12	M	9	45	M. ORTON (WATFORD).....	36.21	M50	7	75	J. PEERLESS (HANDY CROSS).....	41.34	M50	12
16	P. JONES (WYCOMBE).....	32.17	M40	3	46	C. HOBBS (THAME).....	36.27	M40	13	76	C. ALLEN (BURNHAM J.) N/S.....	41.39	M50	
17	D. HOBBS (ST. ALBANS STR).....	32.21	M40	4	47	P. DINEEN (HANDY CROSS).....	36.29	M40	14	77	R. GALE (THAME).....	41.45	M60	6
18	J. MARLOW (DACORUM).....	32.37	M	10	48	M. TOMKINS (MAIDENHEAD).....	36.30	M	23	78	A. BARTLETT (BANBURY).....	41.56	M50	13
19	S. ROBERTS (HANDY CROSS).....	32.41	M40	5	49	I. MARKWELL (STAL).....	36.42	M40	15	79	S. DANIEL (WATFORD).....	41.59	M50	14
20	R. MCEWAN (MAIDENHEAD).....	32.45	M	11	50	T. BIRKETT (WATFORD).....	36.45	M40	16	80	J. COOPER (DACORUM).....	42.44	M60	7
21	F. HALE (TEAM BALANCISE).....	32.54	M40	6	51	N. 269 AGAIN (DACORUM).....	36.46	M	24	81	NO. 966 (?).....	43.02	M	32
22	N. HARRIS (WATFORD).....	33.12	M	12	52	I. ROBINSON (BANBURY).....	37.06	M40	17	82	J. WHITE (HANDY CROSS).....	43.22	M	33
23	B. GILBERT (HANDY CROSS).....	33.20	M	13	53	A. GALLIGAN (Q.P.H.).....	37.22	M	25	83	J. GULLIVER (THAME).....	43.28	M40	24
24	G. WEST (ST. ALBANS STR).....	33.23	M40	7	54	M. REIDY (WATFORD).....	37.25	M	26	84	G. NEAL (WATFORD).....	44.45	M50	15
25	R. SLATER (THAME).....	33.28	M	14	55	J. HITCHIN (BIGGLESWADE).....	37.30	M20	4	85	G. GILFEDDER (WYCOMBE).....	45.08	M40	25
26	M. ADCOCK (WATFORD).....	33.41	M40	8	56	M. HOLLIS (HANDY CROSS).....	37.43	M60	2	86	M. HICKMAN (HANDY CROSS).....	45.19	M60	8
27	B. LAWTON (THAME).....	33.44	M	15	57	P. ILLING (WATFORD).....	37.49	M40	18	87	S. GRAHAM (THAME).....	45.45	M60	9
28	M. HAMILTON (TBAL).....	34.07	M40	9	58	NO. 438 (MAIDENHEAD).....	38.07	M	27	88	M. DEAN (HANDY CROSS).....	48.09	M60	10
29	Z. MCDONOUGH (WATFORD).....	34.08	M	16	59	B. HENDRIE (BANBURY).....	38.20	M60	3	89	M. SARGENT (DACORUM).....	49.24	M60	11
30	D. ROSE (BANBURY).....	34.14	M	17	60	N. BARLOW (THAME).....	38.23	M	28		F. MILLS (DACORUM).....	49.55	M60	12

TEAM RESULT non scorers excluded

1	WATFORD	462	13	22	26	29	35	38	45	50
2	DACORUM & TRING	446	1	4	14	18	37	51	70	79
3	WYCOMBE PHOENIX	436	2	5	16	32	40	44	61	84
4	BANBURY	349	6	12	30	52	59	67	68	77
5	HANDY CROSS	327	7	19	23	47	56	75	81	85
6	THAME RUNNERS	322	10	25	27	46	60	72	76	82
7	MAIDENHEAD	297	20	33	41	43	48	58		
8	TEAM BALANCISE	279	15	21	28	36	71			
9	QUEENS PARK H.	275	31	34	39	42	53	66		
10	ST. ALBANS STRIDERS	244	17	24	49	64	69	73		
11	BRACKNELL	163	8	9						
12	STEVENAGE & NH	114	3	63						
13	ABINGDON AMBLERS	79	11							
14	BIGGLESWADE	35	55							
15	WHITE HORSE	16	74							

DIVISION RESULT

1	DACORUM & TRING	2245	614	630	555	446
2	WATFORD	2118	450	679	527	462
3	WYCOMBE PHOENIX	1943	473	540	494	436
4	THAME RUNNERS	1475	298	517	338	322
5	ST. ALBANS STRIDERS	1471	206	324	697	244
6	HANDY CROSS	1458	278	508	345	327
7	MAIDENHEAD	1208	388	453	70	297
8	BRACKNELL	1124	447	335	179	163
9	STEVENAGE & NH	1115	306	447	248	114
10	BANBURY	1113	323	284	157	349
11	QUEENS PARK H.	1109	336	300	198	275
12	TEAM BALANCISE	1090	432	112	267	279
13	ABINGDON AMBLERS	369	93	197		79
14	PURPLE PATCH RUNNERS	237	21	173	43	
15	RADLEY A.C.	234	71	83	80	
16	BIGGLESWADE	149	43		71	35
17	AMPTHILL & FLITWICK	95	95			
18	WHITE HORSE	75	13	25	21	16

Veteran Mens Race

1	WYCOMBE PHOENIX	267	5	16	32	40
2	HANDY CROSS	231	7	19	47	56
3	TEAM BALANCISE	204	21	28	36	71
4	WATFORD	201	26	38	45	50
5	ST. ALBANS STRIDERS	201	17	24	49	69
6	QUEENS PARK H.	179	34	39	42	66
7	THAME RUNNERS	146	10	46	76	82
8	BANBURY	114	52	59	67	68
9	DACORUM & TRING	86	37	70	79	88
10	MAIDENHEAD	47	43			
11	STEVENAGE & NH	27	63			
12	WHITE HORSE	16	74			

DIVISION RESULT

1	HANDY CROSS	964	221	292	220	231
2	WATFORD	890	159	278	252	201
3	ST. ALBANS STRIDERS	852	129	223	299	201
4	TEAM BALANCISE	768	227	112	225	204
5	THAME RUNNERS	755	161	236	212	146
6	WYCOMBE PHOENIX	725	210	148	100	267
7	QUEENS PARK H.	714	131	206	198	179
8	DACORUM & TRING	471	138	70	177	86
9	BANBURY	366	101	82	69	114
10	BRACKNELL	220	183	37		
11	MAIDENHEAD	186	35	93	11	47
12	PURPLE PATCH RUNNERS	118		75	43	
13	STEVENAGE & NH	110	24	31	28	27
14	WHITE HORSE	75	13	25	21	16

Under 17 Men

1	J. MCMURRAY (ST. ALBANS).....	18.24	M17	1	4	M. SLIWINSKI (WYCOMBE).....	20.20	M17	4	8	L. BARTHOLOMEW (BRACKNELL).....	22.10	M17	8
2	M. AXE (WYCOMBE).....	18.52	M17	2	5	K. GILFEDDER (WYCOMBE).....	20.25	M17	5	9	J. SIMPSON (ST. ALBANS).....	22.51	M17	9
3	C. HEWITT (RADLEY).....	20.10	M17	3	6	J. ROBERTS (WYCOMBE).....	20.31	M17	6	10	L. DORMAN (BANBURY).....	23.46	M17	10
					7	A. VESSEY (ABINGDON).....	20.36	M17	7					

TEAM RESULT

1	WYCOMBE PHOENIX	22	2	4	5
2	ST. ALBANS A.C.	12	1	9	
3	RADLEY A.C.	8	3		
4	ABINGDON AMBLERS	4	7		
5	BRACKNELL	3	8		
6	BANBURY	1	10		

DIVISION RESULT

1	WYCOMBE PHOENIX	166	56	51	37	22
2	BRACKNELL	150	49	59	39	3
3	ST. ALBANS A.C.	122	40	38	32	12
4	ABINGDON AMBLERS	62	23	23	12	4
5	WATFORD	52	17	20	15	
6	BANBURY	50	33	11	5	1
7	RADLEY A.C.	38	17	13	8	
8	WHITE HORSE	25	13	12		
9	DACORUM & TRING	19	7	7	5	
10	STEVENAGE & NH	13	3	6	4	
11	MAIDENHEAD	10	3	7		

Under 15 Boys

1	T. BURNS (BRACKNELL).....	13.38	M15	1	9	B. SENDALL (WYCOMBE).....	14.08	M15	9	17	R. BOLTON (STEVENAGE).....	15.13	M15	17
2	B. LAWRENCE (WYCOMBE).....	13.42	M15	2	10	J. WAGERLEIGH (DACORUM).....	14.16	M15	10	18	R. SHAW-HAWKINS (S&NH).....	15.15	M15	18
3	H. O'BRART (WATFORD).....	13.49	M15	3	11	J. THOMAS (BIGGLESWADE).....	14.18	M15	11	19	M. LIVESEY (STEVENAGE).....	15.23	M15	19
4	S. JONES (ST. ALBANS).....	13.58	M15	4	12	J. THRUSH (WYCOMBE).....	14.22	M15	12	20	J. KINGSTON (WYCOMBE).....	15.38	M15	20
5	J. DOWN (ST. ALBANS).....	14.00	M15	5	13	W. COOPER (BRACKNELL).....	14.32	M15	13	21	C. ROONEY (WYCOMBE).....	15.59	M15	21
6	C. TRUDGILL (BIGGLESWADE).....	14.00	M15	6	14	C. HEALEY (Q.P.H.).....	14.45	M15	14	22	J. NORTH (WYCOMBE).....	16.05	M15	22
7	NO. 498 (WATFORD).....	14.03	M15	7	15	N. 653 (?).....	14.52	M15	15	23	J. GLADMAN (STEVENAGE).....	16.30	M15	23
8	M. SIMPSON (DACORUM).....	14.05	M15	8	16	M. LITCHFIELD-WILLIAMS (BK).....	15.10	M15	16	24	D. EVANS (DACORUM).....	17.49	M15	24

TEAM RESULT

1	WYCOMBE PHOENIX	52	2	9	12
2	BRACKNELL	45	1	13	16
3	ST. ALBANS A.C.	41	4	5	
4	WATFORD	40	3	7	
5	BIGGLESWADE	33	6	11	
6	DACORUM & TRING	33	8	10	24
7	STEVENAGE & NH	21	17	18	19
8	QUEENS PARK H.	11	14		

DIVISION RESULT

1	BRACKNELL	220	72	46	57	45
2	ST. ALBANS A.C.	214	81	53	39	41
3	WYCOMBE PHOENIX	205	73	45	35	52
4	WATFORD	182	18	63	61	40
5	DACORUM & TRING	141	42	38	28	33
6	BIGGLESWADE	135	28	31	43	33
7	STEVENAGE & NH	81	27	1	32	21
8	RADLEY A.C.	57	30		27	
9	QUEENS PARK H.	51	20		20	11
10	ABINGDON AMBLERS	44	23	21		
11	MAIDENHEAD	8	4		4	

Under 13 Boys

1	B. ENGLISH (Q.P.H.)	10.08	M13	1
2	S. BARTON (BIGGLESWADE)	10.28	M13	2
3	A. CLAYTON (BRACKNELL)	10.29	M13	3
4	B. CLARKE (ST. ALBANS)	10.33	M13	4
5	A. WILMSHURST (ST. ALBANS)	10.35	M13	5
6	S. HOWELL (DACORUM)	10.37	M13	6
7	D. WEATHERS (WYCOMBE)	10.51	M13	7
8	R. JAMES (ST. ALBANS)	10.52	M13	8

9	D. DUKE (STEVENAGE)	11.06	M13	9
10	B. MITCHELL (ST. ALBANS)	11.14	M13	10
11	A. MASON (STEVENAGE)	11.16	M13	11
12	E. DUNCOMBE (DACORUM)	11.27	M13	12
13	T. RAYNER (DACORUM)	11.28	M13	13
14	R. WARD (AMPTHILL & F)	11.31	M13	14
15	J. ANDERSON (ST. ALBANS)	11.36	M13	15
16	E. TATTERSALL (BRACKNELL)	11.43	M13	16
17	J. ALDERSON (DACORUM)	11.50	M13	17

18	J. TAYLOR (WYCOMBE)	11.58	M13	18
19	D. JOHAL (WATFORD)	12.02	M13	19
20	A. READ (BRACKNELL)	12.05	M13	20
21	A. SHAW (ST. ALBANS)	12.09	M13	21
22	O. TRUDGILL (BIGGLESWADE)	12.23	M13	22
23	S. TAYLOR (WYCOMBE)	12.42	M13	23
24	D. VERBANA (WATFORD)	12.55	M13	24
25	S. PHILPOTT (WYCOMBE)	13.00	M13	25
26	O. DEARMAN (WATFORD)	13.49	M13	26

TEAM RESULT

1	ST. ALBANS A.C.	64	4	5	8
2	DACORUM & TRING	50	6	12	13
3	BRACKNELL	42	3	16	20
4	STEVENAGE & NH	34	9	11	
5	WYCOMBE PHOENIX	33	7	18	23
6	BIGGLESWADE	30	2	22	
7	QUEENS PARK H.	26	1		
8	AMPTHILL & FLITWICK	13	14		
9	WATFORD	12	19	24	26

DIVISION RESULT

1	ST. ALBANS A.C.	292	74	84	70	64
2	DACORUM & TRING	242	77	73	42	50
3	STEVENAGE & NH	170	40	55	41	34
4	WYCOMBE PHOENIX	143	26	36	48	33
5	BRACKNELL	133	55	13	23	42
6	BIGGLESWADE	127	35	31	31	30
7	WATFORD	95	15	35	33	12
8	AMPTHILL & FLITWICK	75	39	14	9	13
9	BANBURY	39	17	22		
10	QUEENS PARK H.	26				26
11	MAIDENHEAD	5		5		

Senior/Veteran Ladies

1	L. ROGERS (WYCOMBE)	21.35	F	1
2	D. STEER (ST. ALBANS STR)	22.15	F45	1
3	V. TAYLOR (WYCOMBE)	23.29	F35	1
4	Z. LOWE (ST. ALBANS STR)	23.35	F45	2
5	K. BURWOOD (MAIDENHEAD)	23.42	F35	2
6	M. ALLEN (WYCOMBE)	23.59	F35	3
7	H. JOHAL (WATFORD)	24.20	F35	4
8	J. PITT (MAIDENHEAD)	24.26	F	2
9	C. DAVIES (DACORUM)	24.38	F45	3
10	L. CROXSON (MAIDENHEAD)	24.43	F35	5
11	C. DONALD (PURPLE PATCH)	25.04	F45	4
12	E. ROBERTS (DACORUM)	25.05	F	3
13	J. COULCHER (THAME)	25.23	F45	5
	W. WALSH (STAL) N/S.	25.43	F35	
14	R. CAVE (TEAM BALANCISE)	26.00	F	4
15	M. ATTREE (ST. ALBANS STR)	26.16	F45	6
16	E. FULCHER (HANDY CROSS)	26.17	F45	7

17	W. PEARSON (DACORUM)	26.27	F35	6
18	L. WALLS (ST. ALBANS STR)	26.28	F45	8
19	M. MOODY (HANDY CROSS)	26.57	F55	1
20	N. HANDLEY (RADLEY)	26.59	F	5
21	L. MCDERMOTT (WATFORD)	27.12	F	6
22	K. CLARKE (BANBURY)	27.15	F	7
23	J. YOUNG (Q.P.H.)	27.19	F	8
24	S. DAVIDSON (PURPLE PATCH)	27.43	F	9
25	S. BUX (HANDY CROSS)	27.52	F	10
26	L. MCGREGOR (MAIDENHEAD)	27.57	F	11
27	A. PUTKO (WATFORD)	28.02	F	12
28	A. HALFORD (WATFORD)	28.15	F	13
29	A. CROUGHTON (THAME)	28.42	F45	9
30	E. COOMBS (MAIDENHEAD)	28.45	F	14
31	L. MERCHANT (DACORUM)	28.52	F	15
32	K. BYERLY (THAME)	28.53	F35	7
33	NO. 746 (THAME)	28.55	F	16

34	N. ECONOMU (WATFORD)	29.10	F35	8
35	J. TURNLEY (WATFORD)	29.12	F45	10
36	M. BOOTH (HANDY CROSS)	29.22	F45	11
37	L. ANSELL (BANBURY)	29.24	F35	9
38	S. CASTRO (THAME)	29.31	F35	10
39	A. WILKINSON (PUR)	30.00	F35	11
40	S. BENNETT (THAME)	30.13	F45	12
41	H. NEEDLEMAN (DACORUM)	30.14	F45	13
42	S. ROBERTS (HANDY CROSS)	30.23	F45	14
43	D. MISSELDINE (THAME)	30.35	F	17
44	J. FASTIGGI (PURPLE PATCH)	30.42	F35	12
45	J. BAXTER (DACORUM)	31.14	F45	15
46	S. SMITH (BANBURY)	31.56	F55	2
47	C. DEARMAN (WATFORD)	33.06	F45	16
48	H. MOSELEY (HANDY CROSS)	33.14	F35	13
49	NO. 371 (TEAM BALANCISE)	34.32	F	18
50	A. LOVEGROVE (THAME)	35.27	F	19

TEAM RESULT non scorers excluded

1	ST. ALBANS STRIDERS	165	2	4	15	18
2	MAIDENHEAD	155	5	8	10	26
3	WYCOMBE PHOENIX	143	1	3	6	
4	DACORUM & TRING	135	9	12	17	31
5	WATFORD	121	7	21	27	28
6	HANDY CROSS	108	16	19	25	36
7	THAME RUNNERS	97	13	29	32	33
8	PURPLE PATCH RUNNERS	86	11	24	39	44
9	BANBURY	48	22	37	46	
10	TEAM BALANCISE	39	14	49		
11	RADLEY A.C.	31	20			
12	QUEENS PARK H.	28	23			

DIVISION RESULT

1	ST. ALBANS STRIDERS	616	106	165	180	165
2	WYCOMBE PHOENIX	523	99	144	137	143
3	HANDY CROSS	492	141	131	112	108
4	WATFORD	450	84	118	127	121
5	DACORUM & TRING	435	148	69	83	135
6	THAME RUNNERS	425	111	103	114	97
7	BANBURY	408	156	151	53	48
8	MAIDENHEAD	399	114	130		155
9	TEAM BALANCISE	269	108	76	46	39
10	PURPLE PATCH RUNNERS	165	9	70		86
11	QUEENS PARK H.	155	57	43	27	28
12	BRACKNELL	101	49	52		
13	RADLEY A.C.	67	25	11		31
14	STEVENAGE & NH	22			22	

Veteran Ladies Race

1	ST. ALBANS STRIDERS	165	2	4	15	18
2	WYCOMBE PHOENIX	93	3	6		
3	THAME RUNNERS	92	13	29	32	38
4	DACORUM & TRING	92	9	17	41	45
5	HANDY CROSS	91	16	19	36	42
6	MAIDENHEAD	87	5	10		
7	WATFORD	81	7	34	35	47
8	PURPLE PATCH RUNNERS	59	11	39	44	
9	BANBURY	19	37	46		

DIVISION RESULT

1	ST. ALBANS STRIDERS	601	106	165	165	165
2	THAME RUNNERS	420	111	103	114	92
3	BANBURY	379	156	151	53	19
4	HANDY CROSS	341	84	109	57	91
5	WYCOMBE PHOENIX	317	45	91	88	93
6	DACORUM & TRING	311	127	60	32	92
7	WATFORD	304	27	69	127	81
8	MAIDENHEAD	269	70	112		87
9	TEAM BALANCISE	155	68	43	44	
10	PURPLE PATCH RUNNERS	108		49		59
11	STEVENAGE & NH	22			22	

Junior/U17 Ladies

1	F. BRERETON (BRACKNELL)	18.39	F17	1
2	R. MCCLAY (BRACKNELL)	18.49	F20	1
3	R. TURTON (BRACKNELL)	19.20	F17	2

4	C. MCMILLAN (BANBURY)	19.21	F17	3
5	H. DEWHURST (STEVENAGE)	19.24	F20	2
6	A. SMITH (ST. ALBANS)	19.47	F17	4
7	G. RUSSELL (WYCOMBE)	20.10	F17	5

8	R. HARRIS (STEVENAGE)	20.15	F17	6
9	S. NEEDLEMAN (DACORUM)	20.37	F17	7
10	E. HOOPER (BRACKNELL)	21.28	F17	8
11	S. GROVER (DACORUM)	22.02	F17	9

TEAM RESULT

1	BRACKNELL	30	1	2	3
2	STEVENAGE & NH	11	5	8	
3	BANBURY	8	4		
4	ST. ALBANS A.C.	6	6		
5	WYCOMBE PHOENIX	5	7		
6	DACORUM & TRING	4	9	11	

DIVISION RESULT

1	BRACKNELL	168	57	45	36	30
2	STEVENAGE & NH	91	35	28	17	11
3	ST. ALBANS A.C.	76	36	19	15	6
4	WYCOMBE PHOENIX	30	12	6	7	5
5	WHITE HORSE	30	17	13		
6	DACORUM & TRING	25	9	8	4	4
7	BANBURY	23	15			8
8	WATFORD	9	9			

Under 15 Girls

1	M. HUMPHREYS (RADLEY)	10.45	F15	1
2	H. RIDLEY (BIGGLESWADE)	10.51	F15	2
3	E. DELGADO (WYCOMBE)	10.57	F15	3
4	C. DEARMAN (WATFORD)	11.18	F15	4
5	A. WEST (ST. ALBANS)	11.20	F15	5
6	H. MCCLAY (BRACKNELL)	11.23	F15	6
7	L. ECONOMU (WATFORD)	11.29	F15	7
8	L. ECKLEY (ST. ALBANS)	11.33	F15	8

9	J. LATCHFORD (STEVENAGE)	11.35	F15	9
10	P. BAILEY (ST. ALBANS)	11.40	F15	10
11	S. FEELY (STEVENAGE)	11.44	F15	11
12	S. MARAIS (BRACKNELL)	11.50	F15	12
13	L. EDWARDS (ST. ALBANS)	11.52	F15	13
14	C. BAXTER (DACORUM)	11.53	F15	14
15	M. GEERS (ST. ALBANS)	11.58	F15	15
16	N. BAKER (ST. ALBANS)	12.19	F15	16

17	T. PETERS (WATFORD)	12.28	F15	17
18	P. SMITH (WATFORD)	12.29	F15	18
19	P. CASSON-GREEN (BK)	12.39	F15	19
20	C. FULLER (WATFORD)	12.54	F15	20
21	A. CLARKE (WYCOMBE)	13.09	F15	21
22	NO. 286 (DACORUM)	13.10	F15	22
23	S. KEEBLE (STEVENAGE)	13.33	F15	23
24	R. CATTERALL (BRACKNELL)	13.48	F15	24

TEAM RESULT

1	ST. ALBANS A.C.	52	5	8	10
2	WATFORD	47	4	7	17
3	BRACKNELL	38	6	12	19
4	STEVENAGE & NH	32	9	11	23
5	WYCOMBE PHOENIX	26	3	21	
6	RADLEY A.C.	24	1		
7	BIGGLESWADE	23	2		
8	DACORUM & TRING	14	14	22	

DIVISION RESULT

1	ST. ALBANS A.C.	212	63	48	49	52
2	BRACKNELL	206	62	50	56	38
3	WATFORD	170	46	42	35	47
4	STEVENAGE & NH	169	48	52	37	32
5	BIGGLESWADE	92	25	23	21	23
6	RADLEY A.C.	73	27		22	24
7	WYCOMBE PHOENIX	68	31	8	3	26
8	DACORUM & TRING	55	10	23	8	14
9	QUEENS PARK H.	4	3	1		
10	AMPTHILL & FLITWICK	2	2			

Under 13 Girls

1	H. GODDARD (BRACKNELL)	8.19	F13	1
2	V. BIRCH (BRACKNELL)	8.22	F13	2
3	H. WILLIS (BRACKNELL)	8.50	F13	3
4	E. READ (BRACKNELL)	9.12	F13	4
5	T. WEDDELL (ST. ALBANS)	9.25	F13	5
6	E. HOBBS (ST. ALBANS)	9.27	F13	6
7	C. DUKE (STEVENAGE)	9.33	F13	7
8	A. FORREST (BRACKNELL)	9.34	F13	8
9	C. ECKLEY (ST. ALBANS)	9.36	F13	9
10	P. BATSTONE (MAIDENHEAD)	9.40	F13	10
11	J. EDWARDS (ST. ALBANS)	9.42	F13	11

12	O. COLL (ST. ALBANS)	9.54	F13	12
13	A. JAMES (ST. ALBANS)	9.57	F13	13
14	E. BANNISTER (DACORUM)	10.05	F13	14
15	L. MARKWELL (ST. ALBANS)	10.07	F13	15
16	M. STYLES (WYCOMBE)	10.10	F13	16
17	S. WAGER-LEIGH (DACORUM)	10.12	F13	17
18	S. COLL (ST. ALBANS)	10.25	F13	18
19	N. TAYLOR (WYCOMBE)	10.26	F13	19
20	M. HERRIDGE (STEVENAGE)	10.29	F13	20
21	NO. 485 (WATFORD)	10.30	F13	21
22	E. CAREY (BRACKNELL)	10.35	F13	22

23	B. HARLEY (STEVENAGE)	10.42	F13	23
24	E. ECONOMU (WATFORD)	10.48	F13	24
25	R. HEALY (Q.P.H.)	10.59	F13	25
26	E. BROOKES (ST. ALBANS)	11.09	F13	26
27	R. LARSEN (BRACKNELL)	11.29	F13	27
28	N. SMITH (BIGGLESWADE)	11.29	F13	28
29	L. BARBER (STEVENAGE)	11.31	F13	29
30	G. HALEY (WYCOMBE)	11.32	F13	30
31	G. GOLDFINCH (MAIDENHEAD)	11.53	F13	31
32	G. REID (STEVENAGE)	12.18	F13	32
33	J. WILLIAMS (MAIDENHEAD)	12.32	F13	33

TEAM RESULT

1	BRACKNELL	96	1	2	3
2	ST. ALBANS A.C.	82	5	6	9
3	STEVENAGE & NH	52	7	20	23
4	DACORUM & TRING	37	14	17	
5	WYCOMBE PHOENIX	37	16	19	30
6	MAIDENHEAD	28	10	31	33
7	WATFORD	23	21	24	
8	QUEENS PARK H.	9	25		
9	BIGGLESWADE	6	28		

DIVISION RESULT

1	BRACKNELL	398	107	93	102	96
2	ST. ALBANS A.C.	337	97	74	84	82
3	STEVENAGE & NH	220	66	42	60	52
4	WYCOMBE PHOENIX	186	49	42	58	37
5	DACORUM & TRING	185	39	49	60	37
6	MAIDENHEAD	103	48	25	2	28
7	WATFORD	85	19	24	19	23
8	AMPTHILL & FLITWICK	63	34	10	19	
9	QUEENS PARK H.	36	16	11		9
10	BIGGLESWADE	34	20		8	6

Total Overall Score

1	WYCOMBE PHOENIX	754	543	211
2	DACORUM & TRING	719	529	190
3	WATFORD	705	514	191
4	MAIDENHEAD	480	297	183
5	HANDY CROSS	435	327	108
6	THAME RUNNERS	419	322	97
7	BRACKNELL	417	253	164
8	ST. ALBANS STRIDERS	409	244	165
9	BANBURY	406	350	56
10	QUEENS PARK H.	349	312	37
11	TEAM BALANCISE	318	279	39
12	STEVENAGE & NH	264	169	95
13	ST. ALBANS A.C.	257	117	140
14	BIGGLESWADE	127	98	29
15	PURPLE PATCH RUNNERS	86		86
16	ABINGDON AMBLERS	83	83	
17	RADLEY A.C.	63	8	55
18	WHITE HORSE	16	16	
19	AMPTHILL & FLITWICK	13	13	

DIVISION RESULT

1	DACORUM & TRING	3347	946	897	785	719
2	WYCOMBE PHOENIX	3264	819	872	819	754
3	WATFORD	3161	658	981	817	705
4	BRACKNELL	2500	898	693	492	417
5	ST. ALBANS STRIDERS	2087	312	489	877	409
6	HANDY CROSS	1950	419	639	457	435
7	THAME RUNNERS	1900	409	620	452	419
8	STEVENAGE & NH	1881	525	631	461	264
9	MAIDENHEAD	1733	557	620	76	480
10	BANBURY	1633	544	468	215	406
11	QUEENS PARK H.	1381	432	355	245	349
12	TEAM BALANCISE	1359	540	188	313	318
13	ST. ALBANS A.C.	1253	391	316	289	257
14	BIGGLESWADE	537	151	85	174	127
15	ABINGDON AMBLERS	475	139	241	12	83
16	RADLEY A.C.	469	153	111	142	63
17	PURPLE PATCH RUNNERS	402	30	243	43	86
18	AMPTHILL & FLITWICK	235	170	24	28	13
19	WHITE HORSE	130	43	50	21	16

Male Overall Score

1	WYCOMBE PHOENIX	543	436	22	52	33
2	DACORUM & TRING	529	446		33	50
3	WATFORD	514	462		40	12
4	BANBURY	350	349	1		
5	HANDY CROSS	327	327			
6	THAME RUNNERS	322	322			
7	QUEENS PARK H.	312	275		11	26
8	MAIDENHEAD	297	297			
9	TEAM BALANCISE	279	279			
10	BRACKNELL	253	163	3	45	42
11	ST. ALBANS STRIDERS	244	244			
12	STEVENAGE & NH	169	114		21	34
13	ST. ALBANS A.C.	117		12	41	64
14	BIGGLESWADE	98	35		33	30
15	ABINGDON AMBLERS	83	79	4		
16	WHITE HORSE	16	16			
17	AMPTHILL & FLITWICK	13				13
18	RADLEY A.C.	8		8		

DIVISION RESULT

1	DACORUM & TRING	2647	740	748	630	529
2	WYCOMBE PHOENIX	2457	628	672	614	543
3	WATFORD	2447	500	797	636	514
4	BRACKNELL	1627	623	453	298	253
5	THAME RUNNERS	1475	298	517	338	322
6	ST. ALBANS STRIDERS	1471	206	324	697	244
7	HANDY CROSS	1458	278	508	345	327
8	STEVENAGE & NH	1379	376	509	325	169
9	MAIDENHEAD	1231	395	465	74	297
10	BANBURY	1202	373	317	162	350
11	QUEENS PARK H.	1186	356	300	218	312
12	TEAM BALANCISE	1090	432	112	267	279
13	ST. ALBANS A.C.	628	195	175	141	117
14	ABINGDON AMBLERS	475	139	241	12	83
15	BIGGLESWADE	411	106	62	145	98
16	RADLEY A.C.	329	101	100	120	8
17	PURPLE PATCH RUNNERS	237	21	173	43	
18	AMPTHILL & FLITWICK	170	134	14	9	13
19	WHITE HORSE	100	26	37	21	16

Female Overall Score

1	WYCOMBE PHOENIX	211	143	5	26	37
2	WATFORD	191	121		47	23
3	DACORUM & TRING	190	135	4	14	37
4	MAIDENHEAD	183	155			28
5	ST. ALBANS STRIDERS	165	165			
6	BRACKNELL	164		30	38	96
7	ST. ALBANS A.C.	140		6	52	82
8	HANDY CROSS	108	108			
9	THAME RUNNERS	97	97			
10	STEVENAGE & NH	95		11	32	52
11	PURPLE PATCH RUNNERS	86	86			
12	BANBURY	56	48	8		
13	RADLEY A.C.	55	31		24	
14	TEAM BALANCISE	39	39			
15	QUEENS PARK H.	37	28			9
16	BIGGLESWADE	29			23	6

DIVISION RESULT

1	BRACKNELL	873	275	240	194	164
2	WYCOMBE PHOENIX	807	191	200	205	211
3	WATFORD	714	158	184	181	191
4	DACORUM & TRING	700	206	149	155	190
5	ST. ALBANS A.C.	625	196	141	148	140
6	ST. ALBANS STRIDERS	616	106	165	180	165
7	MAIDENHEAD	502	162	155	2	183
8	STEVENAGE & NH	502	149	122	136	95
9	HANDY CROSS	492	141	131	112	108
10	BANBURY	431	171	151	53	56
11	THAME RUNNERS	425	111	103	114	97
12	TEAM BALANCISE	269	108	76	46	39
13	QUEENS PARK H.	195	76	55	27	37
14	PURPLE PATCH RUNNERS	165	9	70		86
15	RADLEY A.C.	140	52	11	22	55
16	BIGGLESWADE	126	45	23	29	29
17	AMPTHILL & FLITWICK	65	36	10	19	
18	WHITE HORSE	30	17	13		